

# Asking for a Friend...

May 7, 2023

**"I Have Lots of Regrets. What Am I supposed to Do with Them?"**

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## The One Thing:

Regret Serves as a Continual Reminder of Our \_\_\_\_\_ Failures.  
Jesus Serves as a Continual Reminder of Our \_\_\_\_\_ Hope.

Mark 14:22-31  
Luke 22:54-62

## How Jesus Responds to My Failure:

1. When We are Overwhelmed with our Failures and Regrets, We \_\_\_\_\_ and Jesus \_\_\_\_\_.
2. Jesus will \_\_\_\_\_ on Me.
3. Jesus Wont \_\_\_\_\_ Give up on Him.

# How Should I Respond When Overwhelmed with Regret?

1. Run \_\_\_\_\_ Jesus, not \_\_\_\_\_ from Jesus.

[John 21:7](#)

2. Explore the Hard Questions With \_\_\_\_\_ and  
Honesty.

[John 21:15-17](#)

3. Let it \_\_\_\_\_ Because Jesus \_\_\_\_\_.

4. Focus My Eyes on \_\_\_\_\_ As I Take Steps

\_\_\_\_\_.

[John 21:18-22](#)

