



June 12, 2022 | Part 2: I Feel the Need, the Need For . . .

One of the Great American Myths:

If I Could Just Squeeze _____ Into My Days, Then I
Would Finally Feel Like I Can _____.

Luke 4:38-44 Jesus left the synagogue and went to the home of Simon. Now Simon's mother-in-law was suffering from a high fever, and they asked Jesus to help her. ³⁹ So he bent over her and rebuked the fever, and it left her. She got up at once and began to wait on them. ⁴⁰ At sunset, the people brought to Jesus all who had various kinds of sickness, and laying his hands on each one, he healed them. ⁴¹ Moreover, demons came out of many people, shouting, "You are the Son of God!" But he rebuked them and would not allow them to speak, because they knew he was the Messiah. ⁴² At daybreak, Jesus went out to a solitary place. The people were looking for him and when they came to where he was, they tried to keep him from leaving them. ⁴³ But he said, "I must proclaim the good news of the kingdom of God to the other towns also, because that is why I was sent." ⁴⁴ And he kept on preaching in the synagogues of Judea.

Two Principles of Soul Care Regarding Life's Speed:

1. Times of Intense _____ Need to Be Followed by
Times of Un-intense _____.

2. Busyness is the _____ of Spiritual Growth.

Luke 4:42 At daybreak, Jesus went out to a solitary place. The people were looking for him and when they came to where he was, they tried to keep him from leaving them.

Luke 5:16 But Jesus often withdrew to lonely places and prayed.

Luke 6:12 One of those days Jesus went out to a mountainside to pray, and spent the night praying to God.

Luke 8:22-23 One day Jesus said to his disciples, "Let us go over to the other side of the lake." So they got into a boat and set out. ²³ As they sailed, he fell asleep. A squall came down on the lake, so that the boat was being swamped, and they were in great danger.

Luke 9:28 About eight days after Jesus said this, he took Peter, John and James with him and went up onto a mountain to pray.

The One Thing

Like Jesus, I Too Need to Adjust My _____
to Embrace My _____.

Slowing Is Good for My Soul Because . . .

1. Slowing Affirms My Need for _____ and _____.
2. Slowing Makes It Possible to _____ to My Soul.
3. Slowing Makes _____ for Jesus to Work the _____ of His Spirit.
4. Slowing Clarifies Both My _____ and My Why _____. **Luke 4:43**

Two Questions to Ask When I Pause:

1. _____ Am I Here?
2. _____ Am I Here For?