



May 1, 2022 | Part 3: Be Joyful  
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### Psalm 16

- <sup>1</sup> Keep me safe, my God,  
for in you I take refuge.
- <sup>2</sup> I say to the Lord, "You are my Lord;  
apart from you I have no good thing."
- <sup>3</sup> I say of the holy people who are in the land,  
"They are the noble ones in whom is all my delight."
- <sup>4</sup> Those who run after other gods will suffer more and more.  
I will not pour out libations of blood to such gods  
or take up their names on my lips.
- <sup>5</sup> Lord, you alone are my portion and my cup;  
you make my lot secure.
- <sup>6</sup> The boundary lines have fallen for me in pleasant places;  
surely I have a delightful inheritance.
- <sup>7</sup> I will praise the Lord, who counsels me;  
even at night my heart instructs me.
- <sup>8</sup> I keep my eyes always on the Lord.  
With him at my right hand, I will not be shaken.
- <sup>9</sup> Therefore my heart is glad and my tongue rejoices;  
my body also will rest secure,
- <sup>10</sup> because you will not abandon me to the realm of the dead,  
nor will you let your faithful one see decay.
- <sup>11</sup> You make known to me the path of life;  
you will fill me with joy in your presence,  
with eternal pleasures at your right hand.

### The One Thing

Life in the abundant grace of the Gospel  
springs up in us abundant joy in God.

❖ Joy is an \_\_\_\_\_, not an \_\_\_\_\_.

**Psalm 16:1** Keep me safe, my God, for in you I take refuge.

**Psalm 16:8** I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.

## Three Fuels for Joy in Christian Living

1. Spending time with God \_\_\_\_\_ our \_\_\_\_\_  
for Him.

**Psalm 16:2** I say to the Lord, "You are my Lord; apart from you I have no good thing."

**Psalm 16:5** Lord, you alone are my portion and my cup; you make my lot secure.

**Psalm 16:7** I will praise the Lord, who counsels me; even at night my heart instructs me.

**Psalm 16:11** You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.

2. God uses \_\_\_\_\_ to \_\_\_\_\_ our  
hearts and \_\_\_\_\_ our joy.

**Psalm 16:3** I say of the holy people who are in the land, "They are the noble ones in whom is all my delight."

3. Remembering the \_\_\_\_\_ fuels our joy and \_\_\_\_\_  
our hope.

**Psalm 16:6** The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance.

**Psalm 16:9-10** Therefore my heart is glad and my tongue rejoices; my body also will rest secure,<sup>10</sup> because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay.<sup>11</sup> You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.