

soul|DETOX



May 30, 2021 | Part 8: Detoxing My Tongue

Proverbs 18:21 The tongue has the power of life and death, and those who love it will eat its fruit.

Proverbs 21:23 Those who guard their mouths and their tongues keep themselves from calamity.

James 1:19 My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, . . .

James 1:26 Those who consider themselves religious and yet do not keep a tight rein on their tongues deceive themselves, and their religion is worthless.

James 3:1-12 Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. ² We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check. ³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. ⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. ⁵ Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. ⁶ The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell. ⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, ⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison. ⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. ¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. ¹¹ Can both fresh water and salt water flow from the same spring? ¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

The One Thing:

I Need Jesus to _____ My _____,

Because I _____.

What Needs to Happen for Christ to Tame My Tongue?

1. Admit My _____. **James 3:7**

2. Put Twice as Much Energy into _____ as I Do
_____. **James 1:19, James 1:26**

3. Practice _____. **James 3:10**

Proverbs 10:19 Sin is not ended by multiplying words, but the prudent hold their tongues.

Proverbs 11:12 Whoever derides their neighbor has no sense, but the one who has understanding holds their tongue.

Proverbs 17:28 Even fools are thought wise if they keep silent, and discerning if they hold their tongues.

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

4. _____ with the _____ in Mind. **James 3:9-12**

Proverbs 12:18 The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Proverbs 15:4 The soothing tongue is a tree of life, but a perverse tongue crushes the spirit.

Luke 6:43-45 "No good tree bears bad fruit, nor does a bad tree bear good fruit. ⁴⁴ Each tree is recognized by its own fruit. People do not pick figs from thornbushes, or grapes from briers. ⁴⁵ A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.

5. _____ My Tongue to the _____ Man.

James 3:2-4