

# soul **DETOX**



May 16, 2021 | Part 7: Detoxing My Relationships

---

**Colossians 3:1-15** Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. <sup>2</sup> Set your minds on things above, not on earthly things. <sup>3</sup> For you died, and your life is now hidden with Christ in God. <sup>4</sup> When Christ, who is your life, appears, then you also will appear with him in glory. <sup>5</sup> Put to death, therefore, whatever belongs to your earthly nature: sexual immorality, impurity, lust, evil desires and greed, which is idolatry. <sup>6</sup> Because of these, the wrath of God is coming. <sup>7</sup> You used to walk in these ways, in the life you once lived. <sup>8</sup> But now you must also rid yourselves of all such things as these: anger, rage, malice, slander, and filthy language from your lips. <sup>9</sup> Do not lie to each other, since you have taken off your old self with its practices <sup>10</sup> and have put on the new self, which is being renewed in knowledge in the image of its Creator. <sup>11</sup> Here there is no Gentile or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all, and is in all. <sup>12</sup> Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. <sup>13</sup> Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. <sup>14</sup> And over all these virtues put on love, which binds them all together in perfect unity. <sup>15</sup> Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.

## The One Thing:

The \_\_\_\_\_ for How I \_\_\_\_\_ People  
\_\_\_\_\_ the Day I Met Jesus.

**Colossians 3:12-14**

## How Does Grace Change My Relationships?

1. Grace is \_\_\_\_\_, not Just \_\_\_\_\_.

**Colossians 3:12-13**

2. Treat \_\_\_\_\_ People as Made in the \_\_\_\_\_ of Their  
\_\_\_\_\_. **Colossians 3:8-11**

3. Give Myself a \_\_\_\_\_ and \_\_\_\_\_ Check  
When Toxic Thoughts Begin. **Colossians 3:15**

4. Jesus Calls Us to Be \_\_\_\_\_ to Hard Relationships,  
but Jesus Does \_\_\_\_\_ Call Us to \_\_\_\_\_ or  
\_\_\_\_\_ Abuse.

**Proverbs 9:7**

**Proverbs 4:14-17**

**Psalm 1:1-2** Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, <sup>2</sup> but whose delight is in the law of the Lord, and who meditates on his law day and night.

**Proverbs 22:24-25** Do not make friends with a hot-tempered person, do not associate with one easily angered, <sup>25</sup> or you may learn their ways and get yourself ensnared.

**Proverbs 14:7** Stay away from a fool, for you will not find knowledge on their lips.

**Matthew 5:39-44**

**John 8:59** At this, they picked up stones to stone him, but Jesus hid himself, slipping away from the temple grounds.

**John 10:39-40**

**John 11:53-54**

**Matthew 12:14-15**

**Matthew 10:14** If anyone will not welcome you or listen to your words, leave that home or town and shake the dust off your feet.

**Matthew 10:23** When you are persecuted in one place, flee to another. Truly I tell you, you will not finish going through the towns of Israel before the Son of Man comes.