

soul **DETOX**



April 25, 2021 | Part 4: Detoxing My Hurry, 1

Proverbs 21:5 The plans of the diligent lead to profit as surely as haste leads to poverty.

Proverbs 29:20 Do you see someone who speaks in haste? There is more hope for a fool than for them.

Ecclesiastes 5:2 Do not be quick with your mouth, do not be hasty in your heart to utter anything before God. God is in heaven and you are on earth, so let your words be few.

1 Timothy 5:22 Do not be hasty in the laying on of hands, and do not share in the sins of others. Keep yourself pure.

Luke 10:38-42 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" ⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

The One Thing:

_____ is the Enemy of

Spiritual _____.

Four Lessons for When You Rush and Rush Until Life's No Fun:

1. The More I _____ Everything Else _____, the More I _____ Jesus _____.

Luke 10:41 "Martha, Martha," the Lord answered, "you are worried and upset about many things, . . . "

2. I Need to Identify the _____ of _____ in My Life.

Luke 10:41-42 "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

3. Structure My Life for _____.

Luke 10:39 She had a sister called Mary, who sat at the Lord's feet listening to what he said.

Psalm 46:10 He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

4. Hearing God's Voice Sometimes Requires Me to _____ Doing Something, and Sometimes Requires Me to _____ Doing _____.

Luke 10:42 ". . . but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."