

## August 30, 2020 | Confidence in the Chaos Part 19: Learning to Let Go of the Past

My Past Can Feel:

1. Like an \_\_\_\_\_\_.

- 2. Like \_\_\_\_\_\_.
- 3. Like a Script on \_\_\_\_\_.

**Philippians 3:10-14** I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, <sup>11</sup> and so, somehow, attaining to the resurrection from the dead. <sup>12</sup> Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup> Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup> I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

## The One Thing:

Knowing Jesus is the \_\_\_\_\_

Behind the \_\_\_\_\_\_ of Getting Past My Past.

## The Process of Growth and Maturity:

1. Believe \_\_\_\_\_\_ that I Haven't \_\_\_\_\_\_.

**Philippians 3:12-13** Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup> Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead,

2. Remember that \_\_\_\_\_ Never Happens

Without \_\_\_\_\_.

**Philippians 3:13** Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, ...

3. Stop Focusing on Your Past, and Start \_\_\_\_\_\_ Your

\_\_\_\_\_, With Jesus.

**Philippians 3:13** Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, ...

4. Press on to \_\_\_\_\_\_. Run \_\_\_\_\_\_ After

Jesus.

**Philippians 3:12-14** Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup> Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup> I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

The Best Way to Follow Jesus When You Are Overwhelmed

Is \_\_\_\_\_\_ at a Time.