

## June 28, 2020 | Confidence in the Chaos Part 11: Surviving Crisis Fatigue

## Am I Tired, or Fatigued, or Exhausted?

**Philippians 2:12-13** Therefore, my dear friends, as you have always obeyed—not only in my presence, but now much more in my absence—continue to work out your salvation with fear and trembling, <sup>13</sup> for it is God who works in you to will and to act in order to fulfill his good purpose.

**Philippians 1:6...** being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.

**Philippians 4:13** I can do all this through him who gives me strength.

## The One Thing:

Work	Today Whatever Jesus	
ls	Me This Week	

## Three Tools God Uses to Change Me:

1. God Uses His to to	_ Me.
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**2 Timothy 3:16-17** All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, <sup>17</sup> so that the servant of God may be thoroughly equipped for every good work.

2.	God Uses His	_ to	Me.		
	<b>Zechariah 4:6</b> So he said to me, "This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by my Spirit,' says the Lord Almighty.				
	<b>Galatians 5:22-23</b> But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control. Against such things there is no law.				
3.	God Uses My	as His			
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	Four Choices	I Need to Focus (	On:		
1.	I Can Choose to	God's Word.			
	<b>Philippians 2:12</b> Therefore, my deconly in my presence, but now mucy your salvation with fear and tremb	ch more in my absen			
2.	I Can Choose to Rely on	for Streng	th Instead of Relying		
	<b>Philippians 2:13</b> for it is God w fulfill his good purpose.	/ho works in you to v	vill and to act in order to		
3.	I Can Choose How I	to My (	Circumstances.		
	James 1:2-4 Consider it pure joy, r trials of many kinds, <sup>3</sup> because you perseverance. <sup>4</sup> Let perseverance complete, not lacking anything.	know that the testi	ng of your faith produces		
4.	I Can Choose to Do the Work o	f ar	nd		