



March 29, 2020 | Facing Our Fears, Part 2

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### Uncertainty Breeds Two Major Fears:

1. Fear of the \_\_\_\_\_.
2. Fear of \_\_\_\_\_.

**Matthew 8:23-27** Then he got into the boat and his disciples followed him. <sup>24</sup> Suddenly a furious storm came up on the lake, so that the waves swept over the boat. But Jesus was sleeping. <sup>25</sup> The disciples went and woke him, saying, "Lord, save us! We're going to drown!" <sup>26</sup> He replied, "You of little faith, why are you so afraid?" Then he got up and rebuked the winds and the waves, and it was completely calm. <sup>27</sup> The men were amazed and asked, "What kind of man is this? Even the winds and the waves obey him!"

### How Can Jesus Rest in a Storm?

#### The One Thing:

When We Face Our Fears, Jesus is

\_\_\_\_\_ and \_\_\_\_\_ to \_\_\_\_\_.

#### When Life Reminds Me I'm Not in Control:

1. \_\_\_\_\_.

2. \_\_\_\_\_ . . .

➤ Remember that \_\_\_\_\_ Is Still \_\_\_\_\_.

**Psalm 46:1-3** God is our refuge and strength,  
an ever-present help in trouble.

<sup>2</sup> Therefore we will not fear, though the earth give way  
and the mountains fall into the heart of the sea,

<sup>3</sup> though its waters roar and foam  
and the mountains quake with their surging.

**Psalm 46:10** He says, "Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth."

➤ Remember that I'm in \_\_\_\_\_ .

**Psalm 31:1-5** In you, Lord, I have taken refuge;  
let me never be put to shame;  
deliver me in your righteousness.

<sup>2</sup> Turn your ear to me,  
come quickly to my rescue;  
be my rock of refuge,  
a strong fortress to save me.

<sup>3</sup> Since you are my rock and my fortress,  
for the sake of your name lead and guide me.

<sup>4</sup> Keep me free from the trap that is set for me,  
for you are my refuge.

<sup>5</sup> Into your hands I commit my spirit;  
deliver me, Lord, my faithful God.

**Psalm 31:14-15** But I trust in you, Lord;  
I say, "You are my God."

<sup>15</sup> My times are in your hands;  
deliver me from the hands of my enemies,  
from those who pursue me.

3. \_\_\_\_\_ Because One Day, the Sun Will \_\_\_\_\_ and the  
King Will \_\_\_\_\_.