



December 1, 2019

Messy Gratitude: How to Remain Thankful in a Season of Pain

3 Truths About Pain:

1. I Think I Would be _____ Thankful if I Had _____ Pain.
2. Pain Will Either Push Me _____ From God or Push Me _____ God.
3. Painful Seasons are _____ on Gratitude, But Painless Seasons are No _____ of Gratitude.

Deuteronomy 8:1-20

The One Thing:

Remember _____ that I Need Jesus, and Rehearse _____ Jesus' _____ in My Life.

- Jesus' _____
- Jesus' _____
- Jesus' _____
- Jesus' _____

3 Keys for Choosing Gratitude in a Life with Pain:

1. _____ Myself Before God.

Deuteronomy 8:3 He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the Lord.

2. Grow Out of My _____.

Deuteronomy 8:11-18 Be careful that you do not forget the Lord your God, failing to observe his commands, his laws and his decrees that I am giving you this day. ¹² Otherwise, when you eat and are satisfied, when you build fine houses and settle down, ¹³ and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, ¹⁴ then your heart will become proud and you will forget the Lord your God, who brought you out of Egypt, out of the land of slavery. ¹⁵ He led you through the vast and dreadful wilderness, that thirsty and waterless land, with its venomous snakes and scorpions. He brought you water out of hard rock. ¹⁶ He gave you manna to eat in the wilderness, something your ancestors had never known, to humble and test you so that in the end it might go well with you. ¹⁷ You may say to yourself, "My power and the strength of my hands have produced this wealth for me." ¹⁸ But remember the Lord your God, for it is he who gives you the ability to produce wealth, and so confirms his covenant, which he swore to your ancestors, as it is today.

3. Learn to _____ Thanks:

- _____ the Pain.
- In _____ of the Pain.
- _____, Sometimes, _____ the Pain.