



June 16, 2019 | Part 8:

## Making Peace When You Feel More Like Rage

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**Proverbs 30:33** For as churning cream produces butter, and as twisting the nose produces blood, so stirring up anger produces strife.

**Matthew 5:9** Blessed are the peacemakers, for they will be called children of God.

**Colossians 1:19-20**

### The One Thing:

I Need \_\_\_\_\_ and Grace to Lead Me To Be a  
\_\_\_\_\_, Not Just a \_\_\_\_\_.

### 3 Realities

1. Conflict is \_\_\_\_\_.
2. Peacekeeping is About \_\_\_\_\_ Conflict.
3. Peacemaking is About Pursuing \_\_\_\_\_.

### Before A Fight Breaks Out:

1. Replace My \_\_\_\_\_ Spirit With a \_\_\_\_\_ Spirit.

**Proverbs 17:19** Whoever loves a quarrel loves sin; whoever builds a high gate invites destruction.

**Proverbs 20:3** It is to one's honor to avoid strife, but every fool is quick to quarrel.

**Proverbs 15:18** A hot-tempered person stirs up conflict, but the one who is patient calms a quarrel.

2. When It's No Big Deal, \_\_\_\_\_ It \_\_\_\_\_.

**Proverbs 19:11** A person's wisdom yields patience; it is to one's glory to overlook an offense.

### When A Fight Breaks Out:

1. Take the First \_\_\_\_\_ You Can Toward \_\_\_\_\_.

**Proverbs 17:14** Starting a quarrel is like breaching a dam; so drop the matter before a dispute breaks out.

**Proverbs 29:11** Fools give full vent to their rage, but the wise bring calm in the end.

2. Refuse to \_\_\_\_\_ the \_\_\_\_\_.

**Proverbs 26:20-21** Without wood a fire goes out; without a gossip a quarrel dies down. <sup>21</sup> As charcoal to embers and as wood to fire, so is a quarrelsome person for kindling strife.

### How To End A Fight:

1. Initiate Reconciliation \_\_\_\_\_ to \_\_\_\_\_ When Possible.

**Matthew 5:23-24**

**Matthew 18:15** "If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over."

2. Communicate the \_\_\_\_\_ Message in the \_\_\_\_\_ Manner to the \_\_\_\_\_ Person.

**Proverbs 15:1** A gentle answer turns away wrath, but a harsh word stirs up anger.

3. Admit \_\_\_\_\_ and \_\_\_\_\_ to Restore \_\_\_\_\_.

**Proverbs 10:12** Hatred stirs up conflict, but love covers over all wrongs.

**Romans 12:16-21**