

November 11, 2018 | CONTENTS UNDER PRESSURE

Mark 10:45	The One Thing:	
The	Life Is A F	Pressure Filled Life.
Serv	/e	·
4 Asp	pects Of The Pressure Fil	led Life:
1. Anticipate The Press	sure Of	People's

Mark 3:7-9 Jesus withdrew with his disciples to the sea, and a great crowd followed, from Galilee and Judea 8 and Jerusalem and Idumea and from beyond the Jordan and from around Tyre and Sidon. When the great crowd heard all that he was doing, they came to him. 9 And he told his disciples to have a boat ready for him because of the crowd, lest they crush him,

Antidote: Make ______

For Self-Care.

Mark 3:9-12 And he told his disciples to have a boat ready for him because of the crowd, lest they crush him, 10 for he had healed many, so that all who had diseases pressed around him to touch him. 11 And whenever the unclean spirits saw him, they fell down before him and cried out, "You are the Son of God." 12 And he strictly ordered them not to make him known.

2. Anticipate The Pressure Of Divine _____

And Human _____

Mark 3:13-19 And he went up on the mountain and called to him those whom he desired, and they came to him. 14 And he appointed twelve (whom he also named apostles) so that they might be with him and he might send them out to preach 15 and have authority to cast out demons. 16 He appointed the twelve: Simon (to whom he gave the name Peter); 17 James the son of Zebedee and John the brother of James (to whom he gave the name Boanerges, that is, Sons of Thunder); 18 Andrew, and Philip, and Bartholomew, and Matthew, and Thomas, and James the son of Alphaeus, and Thaddaeus, and Simon the Zealot, 19 and Judas Iscariot, who betrayed him.

Antidote: Invest In	·	 When
Hurt. Learn To		

Anyway.

3. Anticipate The Pressure Of The _____

Mark 3:20-26 Then he went home, and the crowd gathered again, so that they could not even eat. 21 And when his family heard it, they went out to seize him, for they were saying, "He is out of his mind."22 And the scribes who came down from Jerusalem were saying, "He is possessed by Beelzebul," and "by the prince of demons he casts out the demons." 23 And he called them to him and said to them in parables, "How can Satan cast out Satan? 24 If a kingdom is divided against itself, that kingdom cannot stand. 25 And if a house is divided against itself, that house will not be able to stand. 26 And if Satan has risen up against himself and is divided, he cannot stand, but is coming to an end.

Antidote: Believe That The Enemy Has Limits And That Jesus

Has Authority.

Mark 3:27-30 But no one can enter a strong man's house and plunder his goods, unless he first binds the strong man. Then indeed he may plunder his house. 28 "Truly, I say to you, all sins will be forgiven the children of man, and whatever blasphemies they utter, 29 but whoever blasphemes against the Holy Spirit never has forgiveness, but is guilty of an eternal sin" — 30 for they were saying, "He has an unclean spirit."

4. Anticipate The Pressure Of Being		Ву
Those	To You.	
Mark 3:20-21, 31-35		
Antidote: Find My Identity In Jesus'		And
	Serve With God's	·
Love My Family _	·	