



OVERWHELMED???

September 30, 2018 | THROUGH THE VALLEY

Psalm 23:1-6 The Lord is my shepherd; I shall not want. 2 He makes me lie down in green pastures. He leads me beside still waters. 3 He restores my soul. He leads me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. 6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

How To Get Through What I'm Going Through:

1. Change My Expectation Of _____:

● Not Every Valley Means A _____ Turn.

● Peaceful Paths And Dark Valleys Are _____ As
Far _____ As We Would Like.

Psalm 23:3-4

● Valleys Teach Me More About Jesus Because Valleys Force Me
Out Of _____.

Psalm 23:4

The One Thing:

Mountaintop Or Valley, I'll Never Be _____
_____.

2. Change My Expectations Of _____.

●When Overwhelmed With The Size Of My _____,
Make Time To Be Overwhelmed With The Size Of Jesus'
_____.

Psalm 23:4

●Remember That God's _____
Won't Stop God's _____.

Psalm 23:5

3. Change My _____ To The Valley.

●Look _____ With Gratitude For What Has Been.

Psalm 23:1-3

●Look _____ With Gratitude For What Is.

Psalm 23:4-5

●Look _____ With Gratitude For What Will Be.

Psalm 23:6