



ANGST

of our age

June 18, 2017 | LIFE ANGST

WHAT DO I DO WITH THE HEAVY PARTS OF LIFE?

1. Carry _____ Part.

Galatians 6:5 for each one should carry their own load.

2. Rely On _____ For Help Carrying What

Would _____ Me Alone.

Galatians 6:1-2 Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. 2 Carry each other's burdens, and in this way, you will fulfill the law of Christ.

3. Throw My Life Into Christ's _____, Asking

Him To _____ Me.

1 Peter 5:7 Cast all your anxiety on him because he cares for you.

WHAT DO I DO WHEN WHAT I AM CARRYING IS BIGGER THAN MY CAPABILITY?

1. Admit My _____ To Myself And Others.

1 Peter 5:5-6 In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, "God opposes the proud but shows favor to the humble." 6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

2. Recognize That Jesus Is _____ In The
Midst Of My Problems.

1 Peter 5:6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time.

3. Recognize That Jesus Is _____ Than My
Problems.

1 Peter 5:6-7 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.

4. Recognize That My Worry Is A Call To _____.

1 Peter 5:7 Cast all your anxiety on him because he cares for you.

5. Return To _____ God And Others.