Getting I	Past My Past	
April 8, 2018 GETTING PAST MY EMOTIONAL PAST		
3 Truths About Emotions:		
1. Emotions Are	By God, But	
By Sin.		
Genesis 1:27 So God created		
them; male and female he cr Jeremiah 17:9 The heart is de	mankind in his own image, in the image of God he created	
them; male and female he cr Jeremiah 17:9 The heart is d 2. Emotional Trauma Seek Help.	mankind in his own image, in the image of God he created eated them. eccitful above all things and beyond cure. Who can understand it? Is It'sTo	
them; male and female he cr Jeremiah 17:9 The heart is d 2. Emotional Trauma Seek Help. 3. God Has Genesis 1:31; Genesis 6:6; Je Matthew 26:37-38	mankind in his own image, in the image of God he created eated them. eccitful above all things and beyond cure. Who can understand it? Is It's To Jesus Has remiah 30:24; Jeremiah 31:3; Hosea 11:8; Mark 3:5; mber my affliction and my wandering, the bitterness and the gall. 20 I	
them; male and female he cr Jeremiah 17:9 The heart is de 2. Emotional Trauma Seek Help. 3. God Has Genesis 1:31; Genesis 6:6; Je Matthew 26:37-38 Lamentations 3:19-20 I reme well remember them, and m	mankind in his own image, in the image of God he created eated them. eccitful above all things and beyond cure. Who can understand it? Is It's To Jesus Has remiah 30:24; Jeremiah 31:3; Hosea 11:8; Mark 3:5; mber my affliction and my wandering, the bitterness and the gall. 20 I	

Lamentations 3:1-20

_

Ones). Lamentations 3:19-20 3. Build My Emotions Daily On A ThatChanges: Jesus. Lamentations 3:21-26 Yet this I call to mind and therefore I have hope: 22 Because of the Lord's great love we are not consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him." 25 The Lord is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the Lord. • Jesus' Love Means That No Matter Where I've Been Or What I've Done, I Will Always To God. • Jesus' Compassion Means That God's To God. Is Always Met With God's Compassion And Is Meant To Me Around.	2. Embrace The	Of Emotions (Including The
3. Build My Emotions Daily On A That Changes: Jesus. Lamentations 3:21-26 Yet this I call to mind and therefore I have hope: 22 Because of the Lord's great love we are not consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him." 25 The Lord is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the Lord. • Jesus' Love Means That No Matter Where I've Been Or What I've Done, I Will Always To God. • Jesus' Compassion Means That God's To God. Is Always Met With God's Compassion And Is Meant To	On	s).
Changes: Jesus. Lamentations 3:21-26 Yet this I call to mind and therefore I have hope: 22 Because of the Lord's great love we are not consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him." 25 The Lord is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the Lord. • Jesus' Love Means That No Matter Where I've Been Or What I've Done, I Will Always To God. • Jesus' Compassion Means That God's Is Always Met With God's Compassion And Is Meant To	Lamentations 3:19-20	
 Lamentations 3:21-26 Yet this I call to mind and therefore I have hope: 22 Because of the Lord's great love we are not consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him." 25 The Lord is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the Lord. Jesus' Love Means That No Matter Where I've Been Or What I've Done, I Will Always To God. Jesus' Compassion Means That God's Is Always Met With God's Compassion And Is Meant To 	3. Build My Emotions Daily On	AThat
great love we are not consumed, for his compassions never fail. 23 They are new every morning; great is your faithfulness. 24 I say to myself, "The Lord is my portion; therefore I will wait for him." 25 The Lord is good to those whose hope is in him, to the one who seeks him; 26 it is good to wait quietly for the salvation of the Lord. • Jesus' Love Means That No Matter Where I've Been Or What I've Done, I Will Always To God. • Jesus' Compassion Means That God's Is Always Met With God's Compassion And Is Meant To	Cha	nges: Jesus.
I've Done, I Will Always To God. • Jesus' Compassion Means That God's Is Always Met With God's Compassion And Is Meant To	great love we are not consumed, for his co morning; great is your faithfulness. 24 I sa therefore I will wait for him." 25 The Lord	npassions never fail. 23 They are new every to myself, "The Lord is my portion; good to those whose hope is in him, to the one who
• Jesus' Compassion Means That God's Is Always Met With God's Compassion And Is Meant To	• Jesus' Love Means T	at No Matter Where I've Been Or What
Is Always Met With God's Compassion And Is Meant To	l've Done, I Will Alway	To God.
Me Around.	Is Always Met With Go	I's Compassion And Is Meant To
		Me Around.
• Jesus' Faithfulness Means I Can God	• Jesus' Faithfulness N	eans I Can God
When It's Difficult To Anyone Else,	When It's Difficult To _	Anyone Else,
Including Myself.	Including Myself.	
The One Thing:	Tł	e One Thing:
Becomes		Becomes
When I Remember Jesus.		When I Remember Jesus.