



# ANGST

of our age

May 14, 2017 | FAMILY ANGST

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## Two Major Kinds Of Family Angst:

1. \_\_\_\_\_

2. \_\_\_\_\_

*Luke 10:38-42 As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. 39 She had a sister called Mary, who sat at the Lord's feet listening to what he said. 40 But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" 41 "Martha, Martha," the Lord answered, "you are worried and upset about many things, 42 but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."*

## How To Manage The Tension When There's Tension In The Family:

1. Drop The \_\_\_\_\_ That Jesus

\_\_\_\_\_ All Family Tension. *Luke 10:40*

2. Do Expect Jesus To \_\_\_\_\_ My Attitude When

I'm Telling Him To \_\_\_\_\_ Other's. *Luke 10:41*

3. Family Is The Best Place To \_\_\_\_\_ Biblical  
\_\_\_\_\_ Resolution.

*Matthew 5:23-25 23 "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, 24 leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift. 25 "Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison.*

*Matthew 7:3-5 3 "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? 4 How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? 5 You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.*

*Matthew 18:15-17 "If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over. 16 But if they will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.' 17 If they still refuse to listen, tell it to the church; and if they refuse to listen even to the church, treat them as you would a pagan or a tax collector.*

- ➔ No Matter Who Is At Fault, Take The Initiative And Go To Them.
- ➔ Talk Face To Face.
- ➔ Take Ownership For My Error Or Contribution To The Problem.
- ➔ Share My Concern.
- ➔ Forgive Because I'm Forgiven.
- ➔ Create Boundaries When Necessary.

4. Stop trying to \_\_\_\_\_ family members in my  
\_\_\_\_\_. *Luke 10:40*

5. Value our \_\_\_\_\_ and offer  
\_\_\_\_\_.